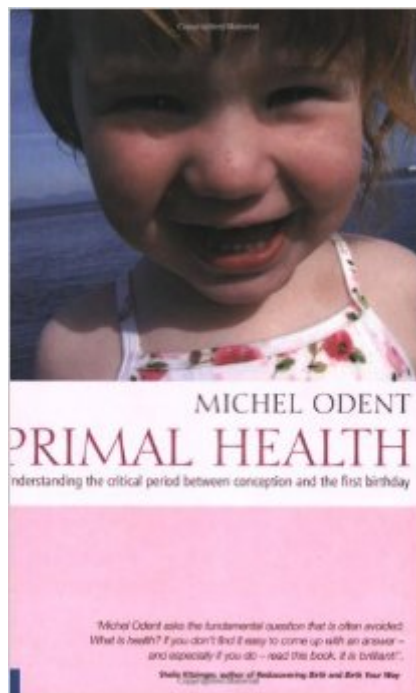


The book was found

Primal Health: Understanding The Critical Period Between Conception And The First Birthday



Synopsis

Odent, the leading pioneer for natural childbirth, indicates that the period between conception and a child's first birthday is critical to lifelong health. In this prophetic book, first published in 1986, Odent argues that different parts of the "œprimal adaptive system" • develop, regulate and adjust themselves during fetal life and the time around birth and infancy. Everything that happens during this period of dependence on the mother has an influence on this primal health. The author suggests that the later well-being of adults, and their ability to withstand hypertension, cancer, alcoholism and failures of the immune system resulting in AIDS, allergies and viral diseases, can all be traced back to society's ignorance of the vital importance of the primal period. This book is essential reading for all who care about the health of our children and the ongoing health of society as a whole.

Book Information

Paperback: 240 pages

Publisher: Clairview Books; Revised edition (March 1, 2007)

Language: English

ISBN-10: 1905570082

ISBN-13: 978-1905570089

Product Dimensions: 5.4 x 0.8 x 8.5 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars • See all reviews • (5 customer reviews)

Best Sellers Rank: #518,659 in Books (See Top 100 in Books) #35 in • Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Holistic Medicine #525 in • Books > Health, Fitness & Dieting > Alternative Medicine > Holistic #7148 in • Books > Literature & Fiction > Short Stories & Anthologies > Short Stories

Customer Reviews

If you believe we can make a difference in the world, please read this book and any other book by Michel Odent. He is knowledge enlightener, a mind broader. As a surgeon he proved we can humanize birth, as a scientist and a philosopher he is proving we can pave the way to a better humanitarian civilization through love, in many levels.

Amazing book that provides valuable information on health and the importance of setting our adrenal, immune and nervous systems right during the primal period. Also talks about the diseases

of civilization and how the medical world has taken an approach that focus on the elimination of symptoms instead of cultivating health.

I love this book as each edition gets better exposing how deeply influential our 'Primal period' from conception to weaning on effects our whole life growing naturally or normal & sick. I've known Odent's work since 1990s when he came to Hawaii to teach his waterbirthing & 'The Nature of Birth & Breastfeeding' to us you natural living families where waterbirthing was growing our hearts in love. 'Primal Health' keeps growing our awareness of what causes our experiences of birth for mother & baby together. He keeps surprising us with ?s & connecting how natural we're born, bonding & living healthy that medicine is afraid to even learn. Learning feeling our 'primal awareness makes us more healthy now & able to do natural homebirthing together, leadingn to sensitive creative living,Odent's awareness in print deeply ??s how our birthing systems are roots, tools & habits we learned from womb to walking depending on parents & birthing. Primal Health keeps inspiring me like 'pre & para-natal psychology studying & exposing how natural & traumatic birth imprints our lives. Thankfully Odent keeps expanding our consciousness with-ever new editions by connecting how our hormones work in 'Primal period' inside mother, bonding & lifelong health. His infinite interest reveals how our organic health instincts & needs are replacing most biology & physiology school, diets, evolution & standard OB-Gyn SOProtocols. Going beyond DR. Robert Mendelson MD exposed in "MALEPRACTICE", & "Immaculate Deception" by Suzzane Arms & "IMPRINTS - The Lifelong Effects of Birth Experience" by Art (Primal scream) Janov in since '70s. 'Primal health' is pioneering our visions & feeling needs for being naturally vital lifelong in family love from our roots of how birthing is most important phase of life as our organic instincts guide us. It helps liberate us from medical science & SAD = 'standard American Diet'. Plus his 'Primal health' & WOMBECOLOGY' websites are even deeper, & updated research expanding on his many brilliant books.

a must read book for pregnant women and men!!!!Its a great lecture for getting to understand your childs real needs!!

This book gives the connection between our innate desire to nurture. You will be amazed and enlightened.Salli Gonzalez, Licensed MidwifeSan Antonio, TX

[Download to continue reading...](#)

Primal Health: Understanding the Critical Period Between Conception and the First Birthday Primal

Blueprint Quick and Easy Meals: Delicious, Primal-approved meals you can make in under 30 minutes (Primal Blueprint Series) The Primal Blueprint Cookbook: Primal, Low Carb, Paleo, Grain-Free, Dairy-Free and Gluten-Free (Primal Blueprint Series) Primal Blueprint Day-to-Day 2017 Desk Calendar: Daily Tips and Inspiration for Primal Living Nude Photography - [Sexy and attractive women dressed only in their birthday suit]: Sexy and attractive women dressed only in their birthday suit Top 50 Pokemon Colouring Book: Birthday, Gift, Red, Blue, Yellow, Gift, Ash, Gotta catch'em all, Pokedex, Birthday, present, Ash, Pocket monsters, Creature, games, animÃ©, cartoon, drawing The Primal Blueprint: Reprogram Your Genes for Effortless Weight Loss, Vibrant Health, and Boundless Energy Comrades in Health: U.S. Health Internationalists, Abroad and at Home (Critical Issues in Health and Medicine) Advance Music Jazz Conception for Alto & Baritone Saxophone Book and CD The Mystical City of God, Volume I "The Conception": The Divine History and Life of the Virgin Mother of God (Volumes 1 to 4) (Volume 1) Blessed John Duns Scotus: The Case for the Existence of God and the Immaculate Conception JAZZ CONCEPTION FOR ALTO OR BARITONE SAXOPHONE by Jim Snidero The Rosicrucian Cosmo-Conception or Mystic Christianity TRY1057 - Basic Jazz Conception for Saxophone (Vol 1), 12 Jazz Exercises 10 Jazz Tunes Book/CD You're Wondering Now: The Specials from Conception to Reunion Mother-Daughter Wisdom: Understanding the Crucial Link Between Mothers, Daughters, and Health Understanding Health Care Reform: Bridging the Gap Between Myth and Reality My Very First Library: My Very First Book of Colors, My Very First Book of Shapes, My Very First Book of Numbers, My Very First Books of Words Paleo Lunches and Breakfasts On the Go: The Solution to Gluten-Free Eating All Day Long with Delicious, Easy and Portable Primal Meals Primal Endurance: Escape Chronic Cardio and Carbohydrate Dependency, and Become a Fat-Burning Beast!

[Dmca](#)